

ABSTRACT

Low vision management in Retinitis Pigmentosa patients Kashmala Rafique, Diploma in Optometry

Purpose: To highlight the usefulness of low vision aids in the management of Retinitis Pigmentosa (RP).

Study Design: Case report

Participant: A 16 years old girl presenting with RP

Methodology: The patient presented with severe visual impairment as a result of Retinitis Pigmentosa. She underwent detailed low vision assessment including visual acuity, visual fields, contrast sensitivity, her desired activities of daily life and main restraints.

Result: The patient has been followed up for more than a year. The use of proper low vision devices and appropriate counseling has changed her life. From a presenting visual acuity of 6/180 and 6/84, she has now a functional vision equivalent to 6/12p and N/6 near vision.

Conclusion: Proper low vision management tagged with customized counseling can transform a patient's life from that of helplessness to independence. Al-Shifa Journal of Ophthalmology 2006; 1(1): 30-33 © Al-Shifa Trust Eye Hospital, Rawalpindi, Pakistan